

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Gym Hours: 5am-11pm daily	1 Labor Day 11-3 Mah Jong	2 1- Tai Chi** 2:15 stretch & Balance** 6- Poker	3 1:00 Tina's Bridge	4 Health & Fitness Lecture 6:00PM* 10am Needlepoint 1:00 Bridge 1-4 Ladies Mixed 6:30-9:00 Mah Jong	5 12:15-2:15 Private Bridge Lesson** First Friday 6:30	6 *Health & Fitness Lecture Senior Nutrition
7	8 11-3 Mah Jong	9 1- Tai Chi** 2:15 stretch & Balance** 6- Poker	10 1:00 Tina's Bridge	11 10am Needlepoint 1:00 Bridge 1-4 Ladies Mixed 6:30-9:00 Mah Jong	12 12:15-2:15 Private Bridge Lesson**	13
14	15 11-3 Mah Jong	16 1- Tai Chi** 2:15 stretch & Balance** 6- Poker	17 1:00 Tina's Bridge	18 10am Needlepoint 1:00 Bridge 1-4 Ladies Mixed 6:30-9:00 Mah Jong	19 12:15-2:15 Private Bridge Lesson**	20
21	22 11-3 Mah Jong	23 1- Tai Chi** 2:15 stretch & Balance** 6- Poker	24 1:00 Tina's Bridge	25 10am Needlepoint 1:00 Bridge 1-4 Ladies Mixed 6:30-9:00 Mah Jong	26 12:15-2:15 Private Bridge Lesson**	27
28	29 11-3 Mah Jong	30 1- Tai Chi** 2:15 stretch & Balance** 6- Poker	Pool Hours (indoor & Outdoor) 10am-5pm - Daily Closed Wednesdays indoor pool closed the week of 9/8 for cleaning **closed lessons Heart Healthy Walking 9-10 M,W,F in fitness room If you see an error on this calendar, please contact the social committee at socialwhp@gmail.com .			